

Sculptify

Autor: Romaniuc Miriam

UNIVERSITATEA TEHNICĂ DIN CLUJ-NAPOCA

Facultatea de Științe

Specializarea: Informatică

Motivație

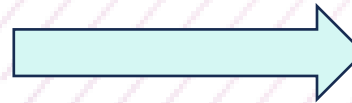
Oferirea unui tool care va simplifica viața oricărei persoane doritoare de o schimbare în obiceiurile sale alimentare și în nivelul său de activitate.

Context

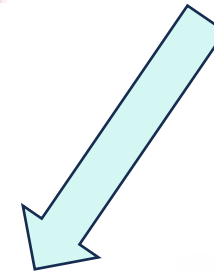
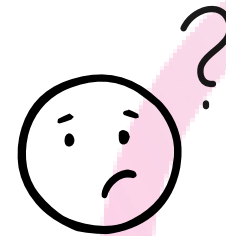
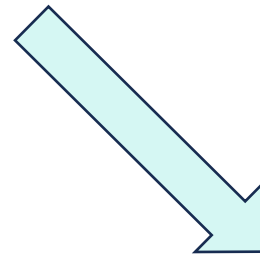
Motivație



Multe
informații, unele
contradictorii



Aplicare
ineficientă a
eforturilor



Confuzie, dezamăgire,
lipsa rezultatelor

Funcționalități principale

UTILIZATOR

- Planuri alimentare
- Rutine de antrenament
- Listă de cumpărături
- Gătit pas cu pas
- Urmărire live antrenament
- Chat

ANTRENOR

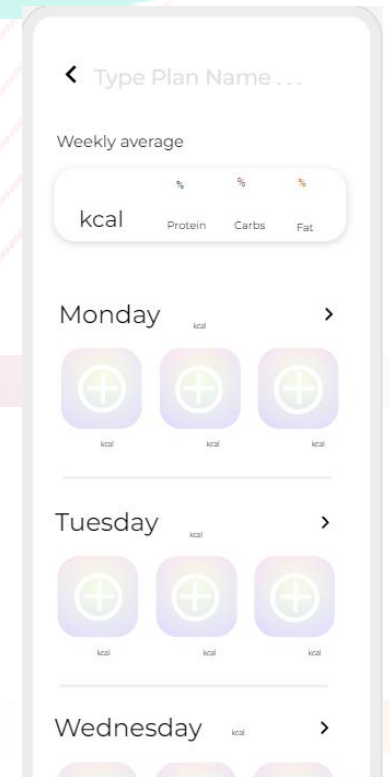
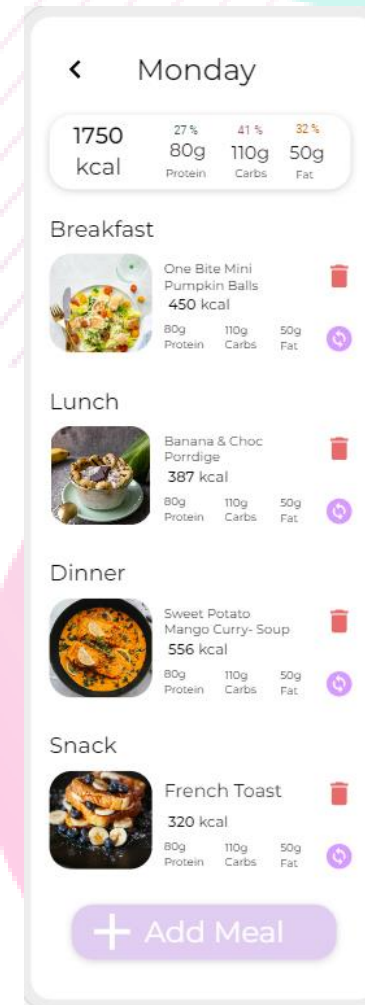
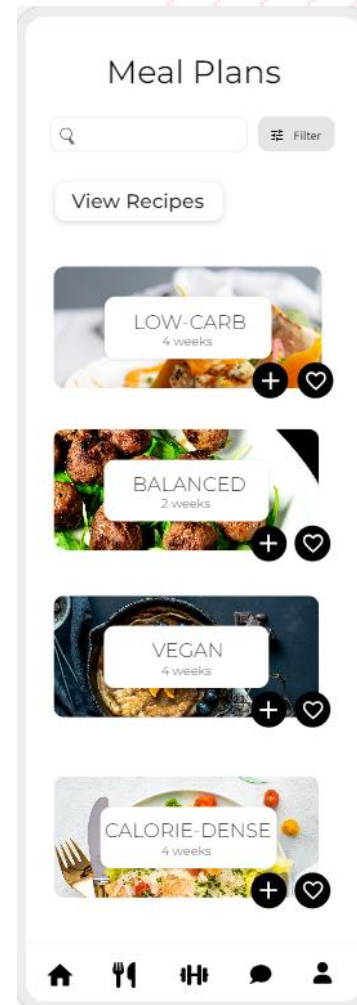
- Planuri alimentare
- Rutine de antrenament
- Chat
- Rețete noi

ADMINISTRATOR

- Asocieri între utilizatori și personal calificat (antrenor/nutriționist)
- Chat

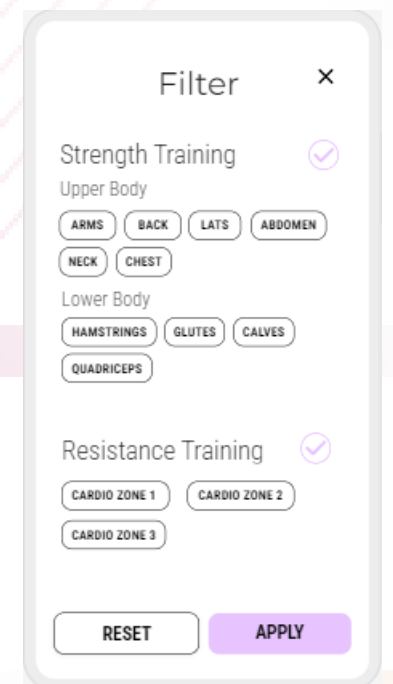
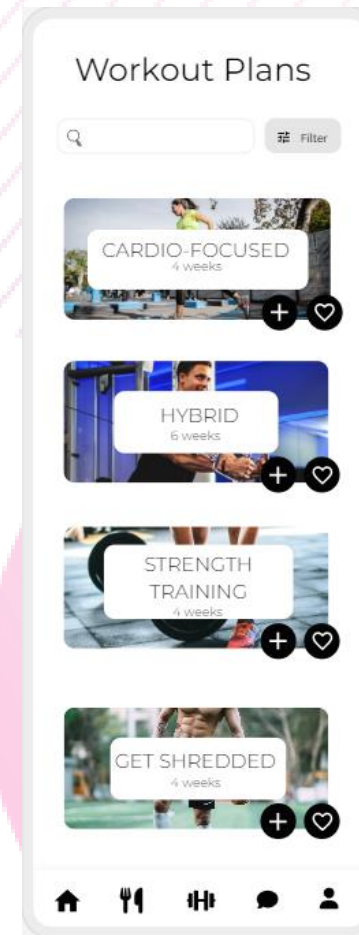
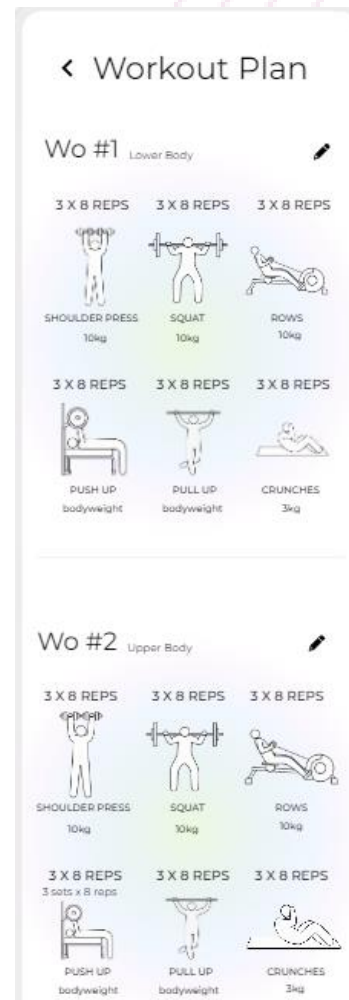
Planuri alimentare

- Planuri predefinite
- Planuri create de nutriționist
- Planuri personalizate (create de utilizator sau de algoritm)



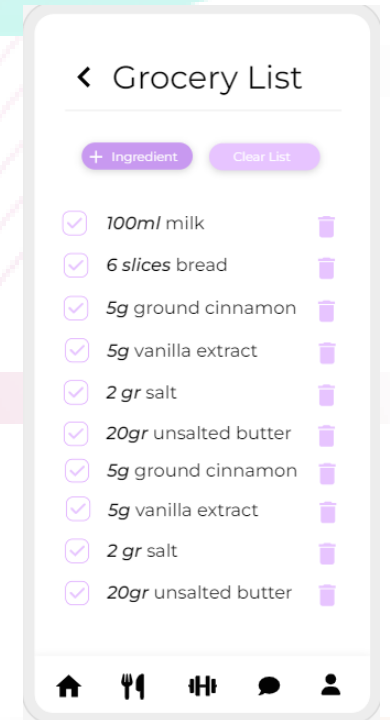
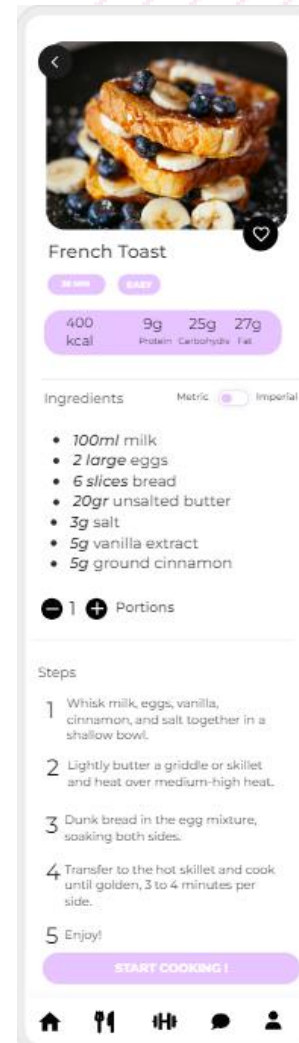
Rutine de antrenament

- Planuri predefinite
- Planuri create de antrenor
- Planuri personalizate (create de utilizator sau de algoritm)



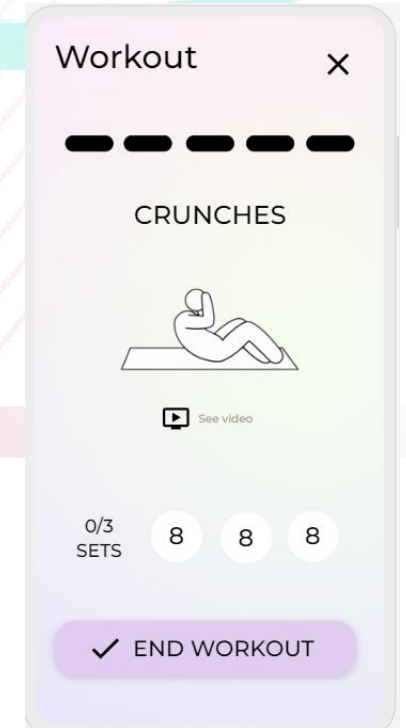
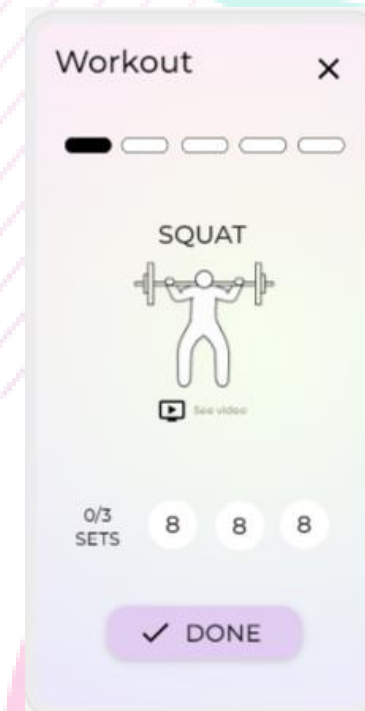
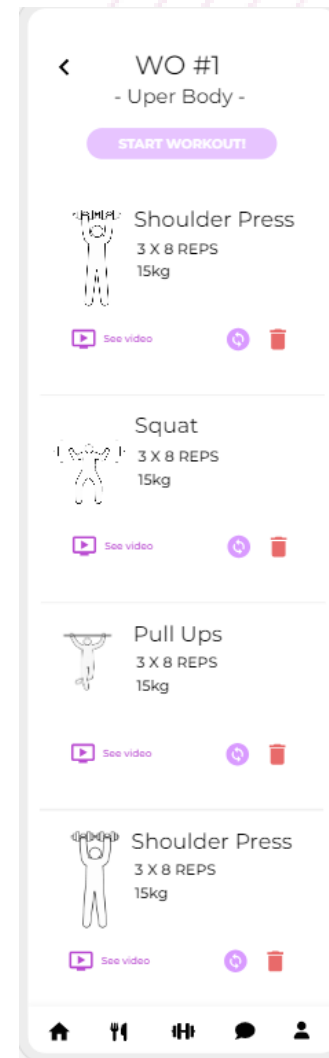
Listă de cumpărături + gătit pas cu pas

- Listă creată automat
- Urmărire pas cu pas a rețetelor



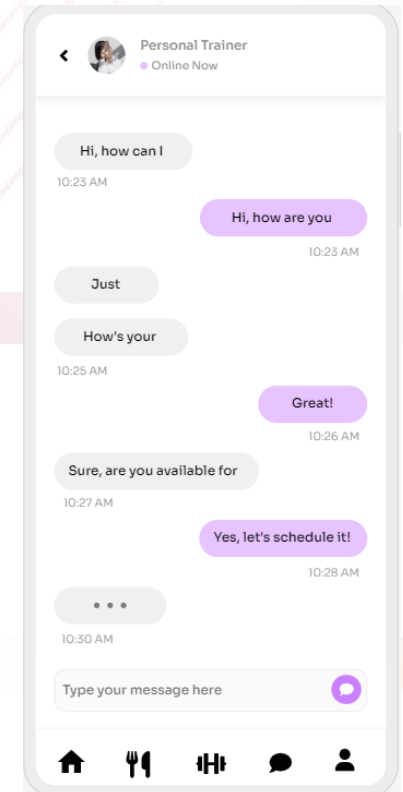
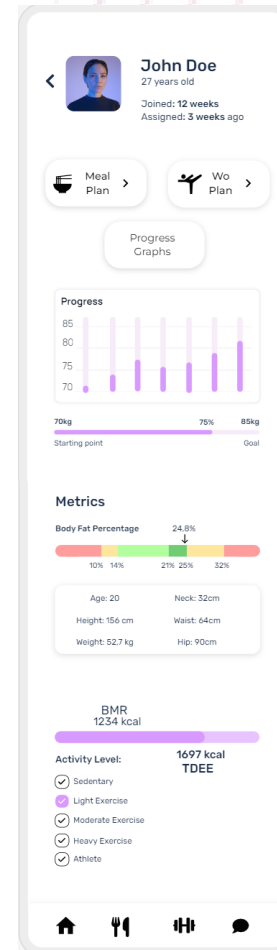
Urmărire antrenament live

- Urmărire pas cu pas antrenament
- Înregistrare progrese



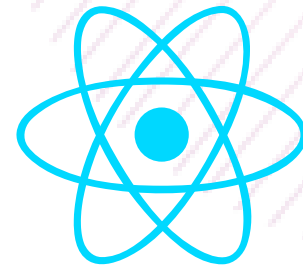
Vizualizare progres / comunicare cu antrenor

- Informații utile pentru utilizatori și antrenori

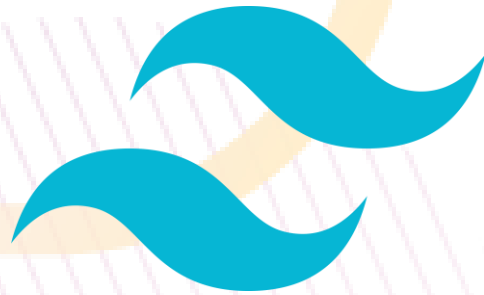


Tehnologii utilizate

NEXT.js



React



tailwindcss



MySQL

Concluzii

- Eficiență -> Simplitate
- Potențial de creștere – optimizarea experienței utilizatorilor